

School for
Public Health Research


National Institute for
Health Research



Equal North Network: 'The welfare system and mental health'

Thursday 4th October 2018, 10:00 -15:45

[King's House Conference Centre](#), Sidney Street, Manchester, M1 7HB

This NIHR School for Public Health Research funded Equal North workshop will bring together policy-makers, practitioners and researchers to explore the relationship between mental health and the welfare system.

The workshop will focus on how the welfare system can 1) help promote the employment and social inclusion of people with mental health problems, and 2) promote good mental health. The event also aims to establish how we can build better evidence to support local action for promoting mental health and the employment of people with mental health problems, and to identify future research priorities on mental health and welfare.

The Equal North network expands the existing 'Equal North' network developed by the Northern members of [NIHR School for Public Health Research](#) (Fuse; LiLaC; University of Sheffield) and Public Health England (PHE) North, set up to take forward the recommendations of the Due North report, which included tackling poverty and economic inequality within the North and between the North and the rest of England.

Event is free with lunch and refreshments provided. **Use link to register [here](#).**

Please email victoria.morgan@newcastle.ac.uk for any dietary or access requirements.

Programme

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| 10:00 | Registration and tea/coffee |
| 10.15 | Introduction and overview <i>Chair: Professor Dame Margaret Whitehead, WH Duncan Professor of Public Health, University of Liverpool</i> |
| 10:30 | A Public Mental Health approach to reducing health inequalities <i>Gregor Henderson, National Lead for Wellbeing and Mental Health, Public Health England</i> |
| 11:05 | Protecting the mental health and wellbeing of unemployed people: Active Labour Market Programmes and JOBS II <i>Adam Coutts, Senior Research Fellow, University of Cambridge</i> |
| 11:40 | Working Well programmes in Greater Manchester: supporting mental and physical health to aid return to work <i>Jayne Garner, Head of Delivery, Working Well Work and Health Programme, Ingeus</i> |
| 12:15 | Lunch and networking |
| 13:00 | Comorbidity and the implications for welfare services: evidence from the international research project Tackling Health Inequalities and Extending Working Lives <i>Ben Barr, Senior Clinical Lecturer in Public Health, University of Liverpool</i> |
| 13:35 | The role of Citizen's Advice in reducing stress and improving mental wellbeing: findings from a realist evaluation <i>Monique Lhussier, Associate Professor in Public Health & Wellbeing, Northumbria University</i> |
| 14:10 | Group Discussions Group 1: How can the welfare system promote the employment of people with mental health problems? Group 2: How can the welfare system promote good mental health? Group 3: What are the implications of comorbidity for welfare services? |
| 15.10 | Reflections and meeting close |